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Project title:

ALLCOOL - Raising awareness and action-research on Heavy
Episodic Drinking among low income youth and young adults in
Southern Europe

Project beneficiaries: Agência Piaget para o Desenvolvimento, Spora Sinergies
SCCL, Azienda Unita Sanitaria Locale di Bologna

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Kick-off Meeting Minute

Author: Cristiana Pires

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Short background:

The project:

ALLCOOL is a project where a consortium of research and collaborating stakeholders in 3 South European countries (Portugal, Spain and Italy) aim to tackle the growing trend of Heavy Episodic Drinking (HED) in the region. More research is needed to analyse the relationship between HED and lower socio-economic youth and young adults (15-30 years old).

This is particularly relevant in Southern European countries going through a socioeconomic crisis, with increasing unemployment rates especially among recently graduated students and decreasing family income.

By promoting healthy lifestyles, filling research gaps and implementing innovative and replicable local interventions focusing on prevention of heavy episodic drinking among youth this project will: 1) promote good health among EU youth population; 2) in the long-term, contribute to the sustainability of the health systems and healthy work forces.

This document is a summary of the main issues and decisions taken by the coordination of the project during the 1st project meeting conducted in Luxembourg, 1.06.2016.

The attendees were Cristiana Pires and Cátia Correia from APDES, Noel Garcia, Marcel Balasch from SPORA, Raimondo Pavarin from AUSL, Paola D'Acapito, Dirk Meusel, Belina Gonçalves and Klara Kasnik, from CHAFEA.

Minute

The Kick-off meeting began with a brief presentation of all the participants that was followed by an overall presentation of the project.

Paola introduced us to the CHAFEA work, and explained us technical questions of the grant agreement. In the same line Klara explained financial procedures related with the grant agreement. Dirk demonstrated in the CHAFEA online platform, where and how we should deliver the project milestones and deliverables.

Paola explained us that in October would happen an important conference about alcohol promoted by the joint action RARHA. Cristiana suggested that if possible it would be relevant the presentation of AllCool or the presence of the project partners. In this sense, Cristiana suggested that the 2nd project meeting (that is expected to happen in October) could be organized in Lisbon.

Dirk showed in the website a resource center with different projects previously funded by CHAFEA and that deals with issues related to alcohol, inviting the project consortium to take them into account in order to create bridges with AllCool project and to use/ reuse some of their tools/ guidelines/ knowledge and experience.

In the afternoon the project consortium discussed several questions related with administrative and financial management – Cátia answered to all the questions of the partners.

After Cristiana shared the project work flow with partners and the roles of each one.

In what concerns the different workpackages, the partners discussed mainly questions related with WP3 – research. Marcel and Noel highlighted that the age of the target-group presented in the application was problematic, mainly because it included two very different groups – underage (15-17) and young adults (18-30). They explained that underage group presents specificities that could make the research more complex and more time and resources consuming. In this line, they suggested that we should focus our attention on young adults (18-30), but include underage in the literature review and possibly peer interviews made with professionals working with them. SPORA proposed to elaborate a research plan to be shared and discussed with partners during June.