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ALLCOOL - Raising awareness and action-research on Heavy
Episodic Drinking among low income youth and young adults in
Southern Europe

Project beneficiaries: Agência Piaget para o Desenvolvimento, Spora Sinergias
SCCL, Azienda Unita Sanitaria Locale di Bologna

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2nd Project Meeting Report

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Short background:

The project:

ALLCOOL is a project where a consortium of research and collaborating stakeholders in 3 South European countries (Portugal, Spain and Italy) aim to tackle the growing trend of Heavy Episodic Drinking (HED) in the region. More research is needed to analyse the relationship between HED and lower socio-economic youth and young adults (15-30 years old).

This is particularly relevant in Southern European countries going through a socioeconomic crisis, with increasing unemployment rates especially among recently graduated students and decreasing family income.

By promoting healthy lifestyles, filling research gaps and implementing innovative and replicable local interventions focusing on prevention of heavy episodic drinking among youth this project will: 1) promote good health among EU youth population; 2) in the long-term, contribute to the sustainability of the health systems and healthy work forces.

This document is a summary of the main issues and decisions taken by the coordination of the project during the 2nd project meeting conducted in Barcelona, Spain in 16.11.2017. The attendees were Cristiana Pires and Helena Carvalho from APDES, Noel Garcia, Marcel Balasch, Mireia Faucha, Jon Casado from (SPORA), Raimondo Pavarin (AUSL).

During the 2nd project meeting the partners discussed the processes related to each workpackages, in order to solve emerging problems, clarify doubts and also to organize the future work. Below, I summarize the discussing highlighting the solutions proposed.

WP1 - Coordination

- Helena explained that in order to monitor the physical and financial execution of the project the partners should fill (3 per year, 4 in 4 months) an internal report summarizing the overall execution of their activities. **Helena will send a template.**
- Noel asked also for some guidance - the state of the art of the outputs and deliverables, and also the next priorities. In this sense, **the project coordination explained the monthly upload of the project results in the CHAFEA platform and commit to provide information about the uploads, next steps and the responsibilities of each partner in the beginning of each month.**
- Communication problems were also discussed. Several partners complained about the absence of responses or late responses to some emails. Also there were some complaints because sometimes the partners don't answer in time and when they answer with suggestions the feedback phase was finished. As examples they talked about the research – despite the feedback phase, when the questionnaires were ready to be distributed in the field, Raimondo answer with several suggestions, some of them interesting, but it was too late. **Noel suggested that after receiving an email, all partners should commit to answer. If after 72h there are any answer, the partners should be remembered of their responsibility of provide feedback. To facilitate the screening of the emails received, Noel also suggested that the**

emails should be identified in the subject with the workpackage (for example, WP2: xxx).

WP4 - Research

- Marcel summarize the “state of the art” of this workpackage: the timetable is being respected, the partners sent in time all the quantitative data and **SPORA is preparing a grid to categorize the contents of the Focus Group that should be filled by each partner in December.**
- In what concerns to the local research reports, in order to guarantee some order in the production of the overall research report, the partners have to answer to the same questions. **Cristiana will send an example of a report from another project, and Marcel will later send a template for the local reports.**
- There was a late discussion about the integrity of the multi-mixed approach of the research design, but it was clarified that it was well designed according to the objective of the project and the resources available.
- Attached is a resume of the workplan of the research WP

RESEARCH CALENDAR		
DATES	QUALITATIVE	QUANTITATIVE
04/11/16 14/11/16	- Transcription (each partner)	Codification (each partner)
28/11/16		Data validation (Spora): Spora cleans and validates the three integrated matrixes and send back to each city their national matrix. A document with basic analysis recommendations will be sent.
30/11/2016	Dimensions of analysis (Spora): Spora sends a document (table) with some analysis dimensions in order to summarize the main results of the qualitative data.	
1/12/2016 9/12/2016	- Filling the table (each partner): each partner fills the table with the main results of the qualitative data (2 focus group, 1 group interview).	
12/12/16	National Report Schema (Spora): Spora elaborates and sends a schema for the National Reports to share a similar structure.	
12/12/16 15/01/17	- Data analysis (each partner): each partner analyses the data.	

20/01/17	Preliminary data and main results (each partner): each partner should have the preliminary results of the research to present them during the 2 nd Consultative Forum Meeting.
20/01/17 24/03/17	- National Report (each partner): each partner writes the National Report.
01/06/17	Final Report (Spora): Spora elaborates the Final Report.

- **WP3 – Dissemination**

- Despite the dissemination outputs are being prepared on time, it seems that the dissemination has not a strategy. Some partners question for example the purpose and the strategy behind the flyer, the website, the newsletter.
- APDES clarified that the flyer and the website are compulsory outputs:
 - o The flyer should include a general description of the project purpose and activities, and contacts. It is a useful resource to be made available online (website and facebook pages) and printed to distribute in conferences, meetings, etc.
 - o The website is a platform to present the project and were the project partners should make available the project results and outputs.
- It was clarified that the dissemination has two major aims: increase the visibility of the project, export the results of the project.
- Since the newsletter structure was criticized, Cristiana will send two examples of newsletters and it should be redefined. But the newsletter should have a specific template and contents.
- In what concerns the facebook purpose and management: APDES asked access (user and password) to collaborate in the management of the page. The contents should be in English, and when relevant translated to Italian, Spanish or Portuguese. Cristiana will send to Ximene (APDES responsible for the communication) a facebook management plan from another project, as an example.
- Raimondo asked for a definition of the concepts “local” and “national”. All partners agreed that local is the municipality/metropolitan level (Porto, Bologna, Tarragona). In what concerns the “national” level, Noel explained that in Spain they consider that the national is related with their region – Cataluña. In Portugal national is related with the country. In the end, all partners agreed that in what concerns the dissemination mailing list they will include relevant contacts from all levels.
- **It was agreed that the AUSL communication responsible (Ricardo) should present a dissemination strategy (listing the disseminations tools, the purpose and target-group of each tool). This strategy should be presented in 2/3 weeks (maximum).**
- **After Ricardo prepares the dissemination strategy, he should discuss it with the other dissemination colleagues (Mireia and Ximene). When they have the final strategy plan they should share it with the rest of the project staff.**
- In what concerns evaluation, Ernesto identified the targets of this WP, so it was agreed that the dissemination mailing list provided by each partners should be sub-divided in 4 categories: “decision makers and politicians”, “professionals”, “researchers” and “others”.

WP5 – Consultative Forum

- Partners provide a feedback about their consultative forums.
- **Ernesto and Cristiana explained the evaluation tools: participant observation (Ernesto will send an observation report template); questionnaire (to be implemented 3 times, M6, M12, M21/M24); consultative forum for evaluation (M18 or M21); an interview to a decision maker-politician; an interview to a representative from the local municipalities.**
- **Ernesto will send to Raimondo the first evaluation tools to be implemented in the next consultative forum (Questionnaire in Bologna, observation report in the 3 cities).**

WP6 – Pilot-intervention

- There were several questions related with the pilot-intervention, mainly in what concerns results evaluation. It was defined a specific skype meeting in January to discuss about this workpackage.
- Cristiana will see with Cátia and Marina (from APDES finance department) the amount available for the pilot-intervention implementation.

Finally, the consortium decided that the next project meeting would be in Porto. The coordination will see the possibility of the meeting happen in May or later.